



## DEAN'S MESSAGE

### WHAT'S INSIDE THIS ISSUE:

- Dean's Message
- Upcoming Events
- Students' Achievements
- The Leo Club
- By Law International Court Competition
- GROW Corner
- Update: Covid-19 School Symptom Screening Flowchart

师生们已经开始返校复课。经过两年半的居家学习后，学生在课堂上的秩序有待培养。我们不能只担心学生的学习进度与成绩，更重要的是如何督促学生能在新常态下做好学习准备。

第一、每一个人都有责任做好防疫的准备。每天早上，在进入校园前，师生们都必须戴口罩及检测体温，时常提醒大家勤洗手；必要时还必须要更换口罩，保持个人卫生。若是身体不舒服，或出现 Covid 19 的症状，不应该到校，应及时做检测。

在学校上课，身边会有不同的朋友和老师，个人的行为与习惯要更加自律，才不会造成别人的不便。尤其是在防疫的过程中，每个人都必须遵守规则，做好防护措施。不能因为自己不习惯戴口罩就不戴口罩，或口罩拉到鼻子以下的位置；更不能在用餐时，与他人大声说话。参加课外活动时，无论是室内或室外的活动，师生们应时时保持社交距离。

第二、培养孩子如何收拾书包和做学习笔记

在观察学生在课堂学习的情况后，发现有许多学生不懂得如何收拾书包和做笔记。看似很小的学习习惯，却是影响学生自律习惯的培养。例如问学生你的课本呢？有的学生会回答：不知道、忘记了或是补习时忘了带来学校。若是学生不能把书本带齐，又如何能跟着老师的教学进度学习呢？

因此，教学生一边检查课表，一边收拾隔天要用的书本，是一种自律的培养。在课堂中，学习做笔记是为了让孩子能在课后好好复习当天学习的知识点。

三、言教不如身教

在培养孩子习惯的过程中，对于孩子的行为不能只重言传，还必须要注重身教。除了要考虑孩子的感受，以表扬、鼓励为主，批评也要采用正面的方式。身教。古语有云“言教不如身教”，孩子就是家长的一面镜子，对于父母与师长的行为，孩子往往会看在眼里记在心上。因此，过分保护，也会限制了孩子的交往发展。三年前，我在一片文章中提到了父母对孩子的期待与关注比以往高，因此有些人给不同类型的育儿方式定上了标签。例如直升机父母、割草机父母、虎爸虎妈、海豚父母、象父母等等。无论哪一种类型的育儿方式，都是出自父母一份无私的爱。希望在新常态下，我们能够好好培养学生的自律、态度和身心健康。身为孩子，也要听取长辈们的建议和劝告。自律的生活要从自己做起。

### UPCOMING EVENTS

#### August

- 6 Y10 Commencement 2021/2022
- 8 SC Election
- 8-13 Application of Prefectorial Board
- 12 Y2 Milestone Programme (TBC)
- 13 Commencement of CCA



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# WEEKLY BULLETIN

2022-2023

CELEBRATING THE COMMUNITY



5 - 11 AUGUST 2022

最后，8月13日，课外活动将正式开始。今年比往年增加了几个新的课外活动，而且是由师生自发性开始的，例如 color of STEM, Art Club, NH Engineering 和 Speaker Club. 学生不仅能在不同的课外活动中学习，还能够将自己的创意用在活动中。不论最后的成果是什么，只要学生能踏出第一步去实践，就是迈向成功的开始，希望学生们能从不同的挑战中成长。

Teachers and students have begun to return to school since week 2. After two and a half years of home-based learning, students have to develop a routine and follow the regulations in the classroom. We should not only focus on students' learning progress and grades and, more importantly, monitor students as they prepare and transition to the new normal.

First, everyone has a social responsibility. Every morning, before entering the campus, teachers and students wear masks, check their temperature and wash their hands frequently. Everyone is expected to change their mask (3-ply) and act responsibly by not coming to school if they have symptoms of Covid-19 or not feeling well. Different friends and teachers in school will surround you, so you need to be more disciplined in your behaviour and habits to avoid inconveniencing others. Everyone must follow the rules and take protective measures to prevent the spread of the virus. For example, it is irresponsible if the mask is not worn correctly. We also can't talk loudly with others during meals. When participating in extracurricular activities, whether indoor or outdoor, teachers and students must maintain social distancing at all times.

### **Second, train children to pack school bags and make study notes.**

After observing students studying in class, it is found that many students do not know how to pack their bags and take notes.

Seemingly, this simple study habit affects the cultivation of students' self-regulation. For example, if you ask students where their textbooks are, some students will answer: *"I don't know, forgot to bring it to school after tutoring."* If students did not bring their books, how can they follow the teacher's teaching and activities in the classroom? Therefore, parents need to monitor their child/children, especially in terms of checking the class timetable and tidying up their school bags for the next day's lesson. Taking notes is very important, so students can review the knowledge points learned that day after class.

### **Third, setting up a good example is better than just saying it.**

In nurturing children's habits, we need to show good examples to children. In addition to considering the child's feelings, we should also use praises, encouragement, and criticisms positively. As the old saying goes in parenting, "action is better than just saying it." Children are the mirror of their parents. They reflect their parents' and teachers' behaviour. Children tend to copy what they see and remember them in their hearts. Therefore, too much protection will also limit a child's communication development.

Three years ago, I wrote an article about the different types of parents and parenting styles. I referenced the different kinds of parents, such as the helicopter, lawnmower, tiger, dolphin, elephant, and others. I also mentioned that parents tend to micromanage every aspect of their child's life to set them up for success. It is noteworthy, though, that regardless of what parenting approaches resonate with us, with the child's best interests in mind, we can develop the students' self-discipline, good attitude, and physical and mental health under the new normal.



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# WEEKLY BULLETIN

2022-2023

## CELEBRATING THE COMMUNITY



5 - 11 AUGUST 2022

Come 13 August 2022 marks the commencement of CCAs. Teachers and students have established several new CCAs this year, such as Colour of STEM, Art Club, NH Engineering and Speaker Club. Students can learn in different CCA activities and creative ideas in the activities. Regardless of the outcome, as long as the students can take the first step to practice, it is the beginning of success. I hope students can grow from these different challenges.

Shared by:

**Ms Ong Chwee Geok**

Dean for Character Development and Student Affairs

### The Leo Club

Greetings! The LEO Club Jakarta Sutera Falcon would like to thank you for all the support you've given the past academic year! This year, we're proud to announce our newly appointed batch of PSTM AY 2022-23:

**President: Charlene Kurniawan( NHJS)**

Vice President: Giselle Setiawan

Treasurer: Kiana Gosal

**Secretary: Danica Hartawan(NHJS)**

For those of you who are interested in volunteering, we would also love to invite you to join us by contacting:

Charlene Kurniawan (Y12I)

Phone Number: +62 812-1010-0778

School email:

[charlenekurniawan@nhstu.piagetacademy.org](mailto:charlenekurniawan@nhstu.piagetacademy.org)

We hope to see you soon!

Regards,

**The Leo Club**

### Students' Achievements

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## CONGRATULATIONS

<p><b>DYLAN SUWARNO (Y7P)</b> 3 Silver, 2 Bronze</p> <p>Junior Vocal Age 11-15 Category: Country/Western, Rock, World, Gospel, Pop</p>	<p><b>NADYA SUWARNO (Y12I)</b> 3 Silver, 1 Bronze</p> <p>Senior Vocal Age 16-24 Category: Broadway, Country Western, R&amp;B/Soul/Jazz &amp; Rock</p>
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World Championships of Performing Arts 2022

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## CONGRATULATIONS

### DIPLOMA

<p><b>KEN ANANTA HUANG (Y7I)</b> HONORABLE MENTION</p> <p>Category: Piano Solo 11-12 Years</p>	<p><b>CLARISSE ELAINE HUANG (Y9)</b> III PRIZE</p> <p>Category: Piano Solo 13-14 Years</p>
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IX Odin International Music Online Competition







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# WEEKLY BULLETIN

2022-2023

**CELEBRATING THE COMMUNITY**



5 - 11 AUGUST 2022

## By Law International Court Competition

This year, we are proud of the accomplishment of one of our students, Nadine Kei Inara (Y12P). Here's what we would like to share with the NH community,

By Law (<https://www.instagram.com/bylaw.id/>) is an organisation that Nadine Kei Inara founded earlier this year, which provides a platform for legal education, while also aiding the underprivileged. It aims to be a stepping stone for individuals to determine the weights of their scales of justice by sharing basic legal knowledge and discussing legal issues through content, events and conversations with legal experts.



As Founder and President of By Law, Nadine Kei Inara held By Law International Court Competition (BLICC) this June 2022, alongside her organising team. A unique moot court competition, BLICC was attended by participants from 8 countries, namely Indonesia, England, Australia, Japan, Malaysia, Singapore, India and Ghana, with some participants coming from NationalHigh Jakarta School.

Before the competition, Nadine Kei Inara launched the #LegalTalk series, a series of conversations Kei has with legal experts, which was both shown in BLICC and published on By Law's Instagram. Thus far, #LegalTalk has featured an official at the attorney general's office, a public figure and legal expert, a prominent lawyer, and a notary and lecturer.



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# WEEKLY BULLETIN

2022-2023

**CELEBRATING THE COMMUNITY**



5 - 11 AUGUST 2022

Following the success of the event, major media outlets have covered BLICC and By Law, including BeritaSatu and VOI:

<https://www.beritasatu.com/news/945123/by-law-gelar-kompetisi-simulasi-pengadilan-tingkat-internasional>

<https://voi.id/en/berita/184261/by-law-gelar-kompetisi-simulasi-peradilan-tingkat-internasional>

<https://www.krjogja.com/peristiwa/nasional/kompetisi-hukum-untuk-pemuda-pelajar-dan-mahasiswa/>

<https://investor.id/nasional/298184/diikuti-peserta-internasional-by-law-gelar-kompetisi-simulasi-peradilan>

<https://wartaekonomi.co.id/read425180/ajak-kaum-muda-paham-soal-hukum-by-law-gelar-kompetisi-simulasi-peradilan-tingkat-internasional>

<https://www.gatra.com/news-546869-gaya-hidup-pemuda-dari-8-negara-ikut-kompetisi-simulasi-peradilan-internasional-yang-diinisiasi-by-law.html>

<https://mix.co.id/marcomm/news-trend/by-law-gelar-kompetisi-simulasi-peradilan-tingkat-internasional/>

The screenshot displays four news articles from different Indonesian media outlets. Each article features a headline, a sub-headline, a date and time, and a photograph of Nadine Kei Inara, the founder and president of By Law. The articles are:
 

- Berita Satu:** "By Law Gelar Kompetisi Simulasi Pengadilan Tingkat Internasional". Headline: "Pemuda dari 8 Negara Ikut Kompetisi Simulasi Peradilan Internasional yang Diinisiasi By Law".
- Gatra.com:** "Pemuda dari 8 Negara Ikut Kompetisi Simulasi Peradilan Internasional yang Diinisiasi By Law".
- VOI:** "By Law Holds International Court Simulation Competition".
- Warta Ekonomi:** "Ajak Kaum Muda Paham Soal Hukum, By Law Gelar Kompetisi Simulasi Peradilan Tingkat Internasional".

 The photographs show Nadine Kei Inara in a professional setting, often with a gavel or scales of justice in the background. The articles describe the event as an international virtual competition held from June 18 to 19, 2022, involving students from eight countries.

Good job, Kei! We hope it is a good start for you and the By Law organisation to have more influence and impact on legal education. We cannot wait to see your future accomplishments.





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# WEEKLY BULLETIN

## 2022-2023



**CELEBRATING THE COMMUNITY**

5 - 11 AUGUST 2022

### GROW CORNER: GROW Sessions topics for all Secondary/JC Levels (Term 1)

**GROW Sessions**  
AY 2022/2023 Term 1  
Year 7

- Week 1 – Being a PIAGETIAN
- Week 2 – Introduction to Habits of Mind
- Week 3 & 4 – Habits of Mind
- Week 5 & 6 – Habits of Mind
- Week 7 & 8 – Habits of Mind
- Week 9 & 10 – Goal Setting Exercise

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**GROW Sessions**  
AY 2022/2023 Term 1  
Year 8

- Week 1 & 2 – Being a PIAGETIAN
- Week 3 & 4 – Revisiting Habits of Mind
- Week 5 & 6 – Who Am I?
- Week 7 & 8 – Growth Mindset
- Week 9 & 10 – Mental Health

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**GROW Sessions**  
AY 2022/2023 Term 1  
Year 9

- Week 1 & 2 – Being a PIAGETIAN
- Week 3 & 4 – Habits of Mind
- Week 5 & 6 – Family Values/Messages
- Week 7 & 8 – Privileges & Responsibilities
- Week 9 & 10 – Self-Esteem

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**GROW Sessions**  
AY 2022/2023 Term 1  
Year 10

- Week 1 & 2 – Being a PIAGETIAN
- Week 3 & 4 – Defining What Matters
- Week 5 & 6 – The Power of Commitment
- Week 7 & 8 – Resilience Strategies
- Week 9 & 10 – Where Do You Go/  
Handling Stress

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**GROW Sessions**  
AY 2022/2023 Term 1  
Year 11

- Week 1 – Being a PIAGETIAN
- Week 2 & 3 – Meaning and Purpose
- Week 3 & 4 – Stress Management
- Week 5 & 6 – Uni Prep Course
- Week 7 & 8 – Uni Prep Course
- Week 9 & 10 – Uni Prep Course

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**GROW Sessions**  
AY 2022/2023 Term 1  
Year 12

- Week 1 – Being a PIAGETIAN
- Week 2 & 3 – University Preparation
- Week 4 & 5 – University Preparation
- Week 6 & 7 – Creating Creative Resume
- Week 8 & 9 – Time Management
- Week 10 – Stress Management

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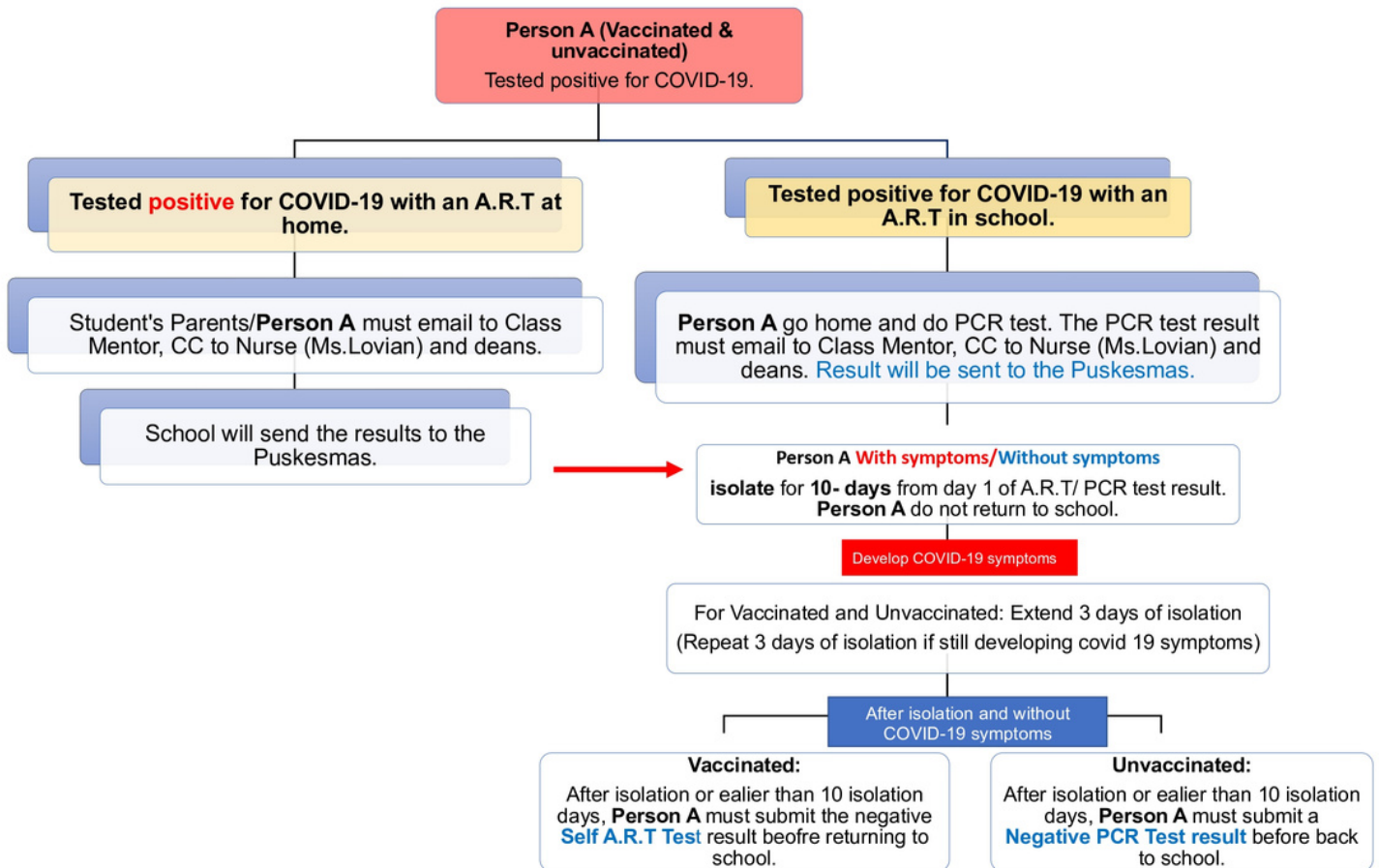
### Update: Covid-19 School Symptom Screening Flowchart



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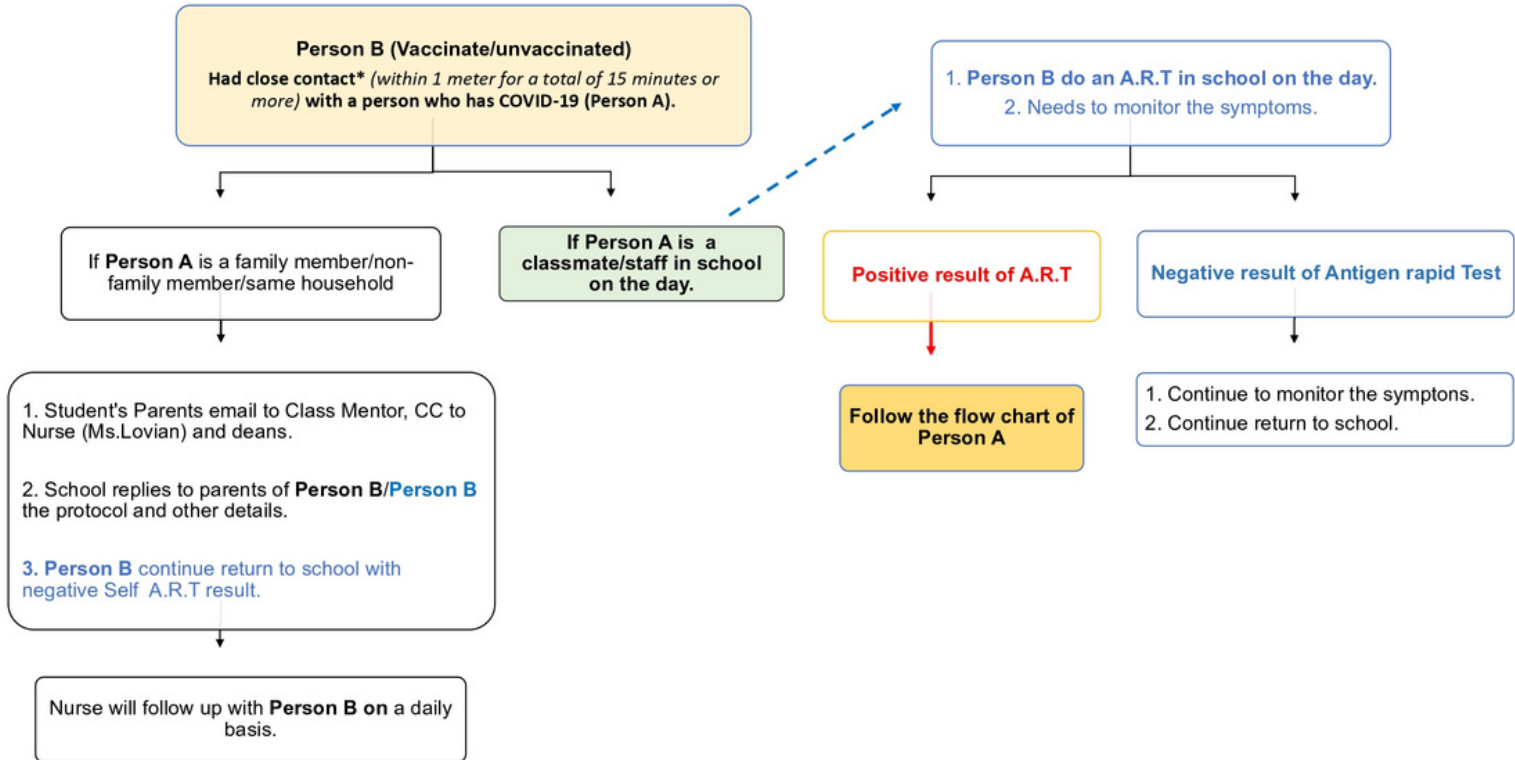
**Person A**  
Tested positive for COVID-19.

**Person B**  
Had close contact\* (within 1 meter for a total of 15 minutes or more) with a person who has COVID-19 (Person A).





5 - 11 AUGUST 2022



**\*Subject to Change**

- 1) \*The school will be closed for 5 days upon receiving a positive case based on PCR result as required by Government regulations. (lower than 5% of total population of school affected)
- 2) School will conduct deep cleaning and cold fogging.
- 3) School will initiate contact tracing and follow up with Person A & Person B on a daily basis.

**Contact emails (School):**

1. Ms Lovian (nurse): [lovianharyono@nh.piagetacademy.org](mailto:lovianharyono@nh.piagetacademy.org)
2. Deans: [dean@nh.piagetacademy.org](mailto:dean@nh.piagetacademy.org)