



NATIONALHIGH
JAKARTA SCHOOL



WEEKLY BULLETIN

CELEBRATING THE COMMUNITY

2022-2023

31 Mar - 6 Apr 2023

WHAT'S

INSIDE THIS ISSUE:

01 DEAN'S ARTICLE

02 ENGLISH WEEK ARTICLE

03 YEAR 7 MILESTONE PROGRAM ARTICLE

04 ACKNOWLEDGEMENT

05 ANNOUNCEMENT

06 UPCOMING EVENTS

“ “ DEAN’S ARTICLE

Building Lifelong Bonds: The Power of Meaningful Conversations with Your Children



At the dining table, with my family, in conversation. As a young child, this is where I remember to picture what a big world beyond my young and small universe was all about.

During those “meal-time” conversations, I learned about friendship as I listened to my siblings share about their friends and fun adventures. Having a similar or even my own experience with my friends excites me.

It was at party tables that I learned about family as my parents told their childhood stories and the kind of relationship they had with my grandparents. We will take turns in recalling family reunions and outings with relatives. These are the stories that made me feel blessed and those opportunities create a stronger bond among family members.

During breakfast, I learned about hard work as my Dad and Mom talked about their jobs and how they celebrated achievements or gave each other advice on overcoming challenges.

The conversations become my pot for learning and relationship.

Imagine our children 30 years from now; how strong will their relationship be? What are they going to care intensely about? Of course, their answers will have much to do with their desire and capacity for conversation.

It's simple for us parents to overlook the value of good conversations for our kids in today's fast-paced world. It might be challenging to establish opportunities for meaningful dialogues in the age of busy schedules and electronic distractions. However, parents may support their children in acquiring crucial life skills and forging lifelong relationships by consciously promoting communication.

“ “ DEAN’S ARTICLE

Here are some strategies that we can use to create space for conversation with our children:

Be present: Give your complete attention and presence to the conversation you are having with your child. Put your phone aside, switch off the TV, and focus solely on your child. This will convey your respect for their ideas and opinions to your child and inspire them to be more forthcoming and open with you.

Ask open-ended questions: Ask open-ended questions that invite your youngster to elaborate and provide additional information rather than yes-or-no inquiries. For instance, ask, "What was the best part of your day today?" instead of "Did you have a good day at school?" This will support your child's communication skills development.

Establish a secure environment for conversation: It's crucial that kids feel confident and at ease while they're expressing their feelings. Being kind and supportive will help to create a safe environment for dialogue. Let your child know that it's okay to make mistakes and that you're there to listen and support them no matter what.

Please share your experiences: When you talk to your kids about your own life, it might make them feel more at ease opening up and telling you about their experiences. In addition, sharing your experiences with your children can teach them essential life skills and allow them to benefit from your failures and accomplishments. By using these strategies, parents can create a space for conversation with their children that encourages them to express themselves, learn from others, and build strong relationships that will last a lifetime.

As we plan to have a conversation with our children, let us think of them as miniature adults. Recognise their maturity and ability to express themselves during your conversation with them. We need to avoid lecturing or nagging. Treat our children as more grown-up than they are, and chances are they will rise to the occasion. Oftentimes, we may be surprised by the many interesting ideas they may come up with.

Shared by:

Aileen Acabado
Dean for Primary

ENGLISH WEEK ARTICLE

NationalHigh Jakarta School held a successful English Week with the theme – “Speak up. Step Forward. Bring Language to Life” from March 13th to 17th in 2023, which featured outstanding performances by primary students. The opening ceremony included the presentation of two volumes of one-sentence collections that contained stories written by all primary students in the Years 2020 and 2021.

Additionally, the school launched an onsite and online exhibit called Beyond Expressions to showcase the students' work, which can be viewed through this link: <https://bit.ly/beyondexpressions2023>.

One of the most exciting events of the week was the Book Character Day, where students were encouraged to express their love of books by dressing up their favourite characters. Students had a great time and showed off their creativity and enthusiasm. The English Week was filled with various activities, including Spelling Bee, Speech Competitions, Storytelling, One-sentence story, and Game Day. To add to the fun, the English Department also invited vendors for the Book Fair.

Many students expressed their enthusiasm and happiness throughout the week. Here are some of their thoughts:

I enjoyed the Poster Making Contest most. I also enjoyed participating in the competitions. Even though I did not win, I still had fun.
Arissa Srisuma, Y2P

I like Spelling Bee because when I misspelled a word, I got to learn how to spell a new word.
Jessie Tjajj, Y3I

I thought that the Book Character Day was really enjoyable. We could wear costumes with our friends and this allowed us to be creative with our outfits and costumes. It's especially fun to see the different costumes worn by others.
Jean Theodora Wennas, Y5T

The Spelling Bee was extremely fun; it made me learn more English words and vocabulary.
Nadya Caroline Jatmatam, Y6G

Shared By

English Department



ENGLISH WEEK GALLERY



YEAR 7 MILESTONE PROGRAM ARTICLE

Discovering Character Strengths Milestone Programme: A Journey of Personal Growth and Development

At NationalHigh Jakarta School, we believe in preparing our students to be lifelong learners and active citizens. As part of our commitment to this goal, we organized the Discovering Character Strengths Milestone Programme for our Year 7 students at Caldera Adventure, Sukabumi from 17th to 19th March 2023. This programme was specially designed to help our students identify and cultivate their character strengths, leading to personal growth and overall well-being.

During the three-day programme, our 22 Year 7 students engaged in a range of activities, including team building exercises, art bound, flying fox, and other outdoor adventures. These activities were designed to challenge the students and help them develop their character strengths, such as resilience, creativity, leadership, and teamwork.

The programme was a great success, and our students showed great enthusiasm and engagement throughout. They were able to identify their character strengths and understand how to cultivate them. The team building exercises helped them develop collaboration and teamwork skills, while the outdoor adventures challenged them and helped them develop resilience and determination. The art bound activities encouraged them to think creatively and express themselves, and overall, the programme prepared them to act gracefully and respond effectively in demanding times and situations.

The Discovering Character Strengths Milestone Programme was not just a fun adventure, but also a journey of personal growth and development. Our students gained valuable skills and values that will help them become better learners and members of society. They developed a better understanding of themselves and their strengths, and they learned how to work effectively with others. These are essential skills and qualities that will serve them well throughout their lives.

As a school, we are proud of our Year 7 students and the effort they put into the programme. We would like to thank Caldera Adventure for their partnership and for providing such a meaningful and impactful experience for our students. We look forward to continuing our collaboration in the future and providing similar opportunities for our students to grow and develop.

The programme was a great success, and our students showed great enthusiasm and engagement throughout. They were able to identify their character strengths and understand how to cultivate them. The team building exercises helped them develop collaboration and teamwork skills, while the outdoor adventures challenged them and helped them develop resilience and determination. The art bound activities encouraged them to think creatively and express themselves, and overall, the programme prepared them to act gracefully and respond effectively in demanding times and situations.

The Discovering Character Strengths Milestone Programme was not just a fun adventure, but also a journey of personal growth and development. Our students gained valuable skills and values that will help them become better learners and members of society. They developed a better understanding of themselves and their strengths, and they learned how to work effectively with others. These are essential skills and qualities that will serve them well throughout their lives.



YEAR 7 MILESTONE PROGRAM GALLERY



ACKNOWLEDGEMENT



NATIONALHIGH
JAKARTA SCHOOL



CONGRATULATIONS!

KATHLYN ODELIA BASUKI
YEAR 6 EXCELLENT
GOLD PRIZE
PERFORMANCE GRADE III



LONDON YOUNG MUSICIAN 2022-23 SEASON 4



ANNOUNCEMENT

Change in Cuti Bersama Dates Hari Raya Idul Fitri 2023

With reference to Surat Keputusan Bersama (SKB) Perubahan Hari Libur Nasional (Harlibnas) dan Cuti Bersama 2023 which we received from the Indonesian Government on 29 March 2023, please note that the dates for Cuti Bersama (Joint Leave) Hari Raya Idul Fitri 2023 have been rescheduled to 19 April 2023 (Wednesday) until 25 April 2023 (Tuesday).

We understand that this change may cause inconvenience to families who have already made plans based on the original Cuti Bersama dates. Therefore, we have decided to conduct home-based learning on 26 April 2023 (Wednesday) to accommodate the students.

In case any student is unable to attend the home-based learning, they can access the recorded lessons and learning materials from the Google Classroom to help them catch up with the day's lessons.

Students who will be sitting for the CAIE AS Level Global Perspectives & Research examination on 26 April 2023, the examination will proceed as planned.

UPCOMING EVENTS



CUTI BERSAMA (JOINT LEAVE)
HARI RAYA IDUL FITRI 2023
19 APRIL 2023 UNTIL
25 APRIL 2023



GOOD FRIDAY
(THE SCHOOL WILL BE CLOSED ON
GOOD FRIDAY)
7 APRIL 2023