



BI-WEEKLY BULLETIN

CELEBRATING THE COMMUNITY

2023-2024

15-28 Sept 2023

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“ PRINCIPAL'S ARTICLE

Dear all,

We have come to the end of the first term. We like to update the community on key issues and progress in NHJS.

School Extension Building Progress

We are pleased to inform that the permit to build (IMB) has been issued by the authorities and the school's appointed contractor is Total. The area for the building of the school extension has been boarded up and construction work is under way. We advise parents and drivers parking at the back land to be more cautious as there may be materials and equipment movement in or near the work area.

Discipline Matter

We want to reiterate our zero tolerance for bullying and bad behaviour. The school is a common space and safety of every individual is our priority. We encourage anyone experiencing or witnessing misbehaviour to report it to any staff in the school. The school will not hesitate to mete out firm disciplinary actions against recalcitrant students.

Bullying is a serious problem that affects many people, especially children and teenagers. Bullying can take many forms, such as physical violence, verbal abuse, social exclusion, cyberbullying, or spreading rumours. Bullying can have negative consequences for both the victim and the bully, such as low self-esteem, depression, anxiety, poor academic performance, substance abuse, or even suicide. Therefore, it is important not to bully others and to prevent bullying from happening.

Some of the reasons why people should not bully others are:

- Bullying hurts the victim's feelings and dignity. No one deserves to be treated with disrespect or cruelty. Everyone has the right to be safe and happy. Bullying can make the victim feel worthless, isolated, or hopeless. Bullying can also affect the victim's physical health, such as causing headaches, stomachaches, or sleep problems.
- Bullying damages the bully's character and reputation. People who bully others may think that they are powerful or popular, but they are actually showing their insecurity or lack of empathy. People who bully others may lose their friends, respect, or trust from others. Bullying can also lead to legal problems, such as being suspended from school, expelled, or arrested.
- Bullying harms the society and the environment. Bullying can create a culture of fear, violence, or intolerance in schools, workplaces, or communities. Bullying can also contribute to social problems, such as discrimination, racism, or sexism. Bullying can also affect the environment, such as causing vandalism, littering, or pollution.

“ PRINCIPAL’S ARTICLE

Some of the ways to stop bullying are:

- Be kind and respectful to others. Treat others the way you want to be treated. Appreciate the diversity and uniqueness of each person. Do not judge or mock others based on their appearance, abilities, beliefs, or preferences. Compliment or encourage others when they do something good.
- Stand up and speak out against bullying. If you see someone being bullied, do not ignore or join in. Instead, intervene or report the bullying to a trusted adult, such as a teacher, parent, or counsellor. Support the victim by listening to them, comforting them, or inviting them to join your group.
- Seek help and support if you are bullied or if you bully others. Do not suffer or struggle alone. Talk to someone you trust about your feelings and experiences. Seek professional help if you need it. Learn coping skills and strategies to deal with bullying. Try to understand why you bully others and how you can change your behaviour.

In conclusion, bullying is a harmful behaviour that affects everyone involved. It is important not to bully others and to stop bullying from happening. By being kind and respectful to others, standing up and speaking out against bullying, and seeking help and support when needed, we can create a safer and happier world for everyone.

Use of Positive and Kind Language in Communication

Communication is the process of exchanging information, ideas, feelings, and emotions with others. It is an essential skill for personal and professional success. One of the key aspects of communication is the choice of language we use. Language can have a powerful impact on how we perceive ourselves and others, and how we influence and motivate them. Therefore, using kind and positive language is important for communication because it can:

- **Build trust and rapport** with others. Kind and positive language shows respect, appreciation, and empathy for the person we are communicating with. It can create a positive atmosphere and a sense of connection. For example, saying “Thank you for your hard work” or “I appreciate your feedback” can make the other person feel valued and respected.
- **Enhance self-esteem and confidence.** Kind and positive language can also affect how we feel about ourselves. It can boost our self-image and self-worth, and help us overcome negative thoughts and emotions. For example, saying “I am proud of myself” or “I can do this” can increase our self-confidence and motivation.
- **Reduce conflict and stress.** Kind and positive language can help us avoid misunderstandings, arguments, and hostility with others. It can also help us cope with difficult situations and emotions. For example, saying “I understand your point of view” or “I apologize for my mistake” can prevent or resolve conflicts, and saying “I am calm” or “I am grateful” can reduce stress and anxiety.

“ PRINCIPAL'S ARTICLE

Using kind and positive language is not only beneficial for communication, but also for our mental and physical health. Studies have shown that kind and positive language can improve our mood, happiness, optimism, immune system, brain function, and longevity. Therefore, we should always try to use kind and positive language in our communication with ourselves and others.

Safety and Health

We urge everyone to mask up with at least 3-ply mask when outdoor due to the poor quality of air. In school, students are strongly encouraged to wear their mask and not engage in overly rigorous exercises at play or at physical education lessons.

We advice parents to have their children use SPF 30+ when exposed to the sun between 10-2 pm when UV ray index is high. This protects them from burns and long-term effect of UV exposure.

Hydration is a must and parents need to help ensure their children consume suitable amounts of fluid to prevent heat exhaustion.

Appointment of Staff to Leadership Positions

We like to congratulate the following new appointees to key appointments.

Name	Appointment	Effective Date
Ms Anzaniah Marolla	Supervisor, Facilities and Building	1 October 2023
Ms Wang Yajie	Subject Specialist, Chinese Language (Primary)	25 September 2023
Ms Martha Lawalata	Subject Specialist, Religion Studies	25 September 2023

We wish them the very best for their promotion.

“ PRINCIPAL’S ARTICLE

Appointment of New Principal

NHJS extends its heartiest congratulations to the appointment of Mr Andy Koh as principal of Singapore National Academy and Piaget Life Academy. These two schools are in Surabaya and are part of PIAGET Academy. We wish Mr Koh and his team the very best in growing PIAGETians from PG to Y 12.

We wish everyone a restful holiday and thank all staff and parents for the collaboration to grow good sons and daughters.

God bless.

Mr Ang Hwee Khoon
Principal



GALESS TILTSHIFT CHALLENGE 2023

The Bali Conference 2023: The Global Alliance of Leading Edge Schools (GALESS) Tiltshift Energy Transition Challenge

In the picturesque island of Bali, Indonesia, an event of global significance took place - The Bali Conference hosted by the Global Alliance of Leading Edge Schools for Sustainability (GALESS) on 3 - 9 September 2023. The 2023 conference focused on energy transition and it served as a beacon of hope as well as a challenge, uniting educators, students, and leaders from around the world in a collective effort to drive sustainability education to the forefront of global priorities.



Energy transition represents a pivotal shift in how societies produce and consume energy, driven by the need to combat climate change and reduce our reliance on fossil fuels. This profound transformation involves moving away from carbon-intensive energy sources such as coal, oil, and natural gas, and transitioning towards cleaner, renewable alternatives like solar, wind, and hydropower. At its core, the energy transition is a global endeavor that encompasses changes in energy generation, distribution, and consumption patterns. It requires the development and deployment of advanced technologies, the modernization of infrastructure, and a fundamental shift in mindset towards sustainability and environmental stewardship.



GALESS TILTSHIFT CHALLENGE 2023



One of the key drivers behind the GALESS Tiltshift Challenge on Energy transition is the urgent need to raise awareness for how energy transition offers economic opportunities, as it stimulates innovation, creates jobs in the renewable energy sector, and enhances energy security by reducing dependence on finite fossil fuel resources. It represents not only a response to environmental challenges but also a pathway to a more sustainable, resilient, and prosperous future for nations and communities worldwide.

GALESS, founded on the belief that education is the catalyst for change, brings together educational institutions committed to sustainability. Participating schools understand that preparing the next generation of leaders necessitates a holistic approach that integrates sustainability into the curriculum, culture, and values of their institutions. This is the maiden participation of NationalHigh Jakarta School in the GALESS conference through a team consisting of Fiona Hiu (Y12), Chelsea Siniandar (Y11) and Matthew Soh (Y11) accompanied by one of their science coaches, Mr Ryan Balandra.





GALESS TILTSHIFT CHALLENGE 2023

The Bali Conference was a culmination of the efforts of GALESS member schools and partners worldwide. It included:

- **Curriculum Integration:** Participants explored how sustainability can be seamlessly integrated into various subjects through the tiltshift energy transition challenge. The NHJS team applied their writing skills and scientific knowledge in their research work. Assisted by a team of science and humanities teachers, they investigated various sources of energy in Indonesia and the economic costs that transitioning will entail.
- **Experiential Learning:** The conference emphasized the importance of hands-on experiences, fostering a deeper connection to sustainability through projects, fieldwork, and community engagement. Chelsea, Matthew and Fiona worked on their research for six months gathering information and data from various sources, consulted with different people who are invested in different types of energy sources. And they managed to complete their research on top of all their academic and non-academic activities in school.
- **Student Engagement:** One integral aspect of the Bali Conference was the active participation of students. Young learners shared their projects, ideas, and aspirations for a sustainable future.



Seven teams from different countries – China, Indonesia, Vietnam, Thailand, Spain, and the United States of America- gathered to learn from one another as they presented their research to a panel of judges. The experience was nerve-wracking, invigorating and thought-provoking. For this is the very essence of the Tiltshift Challenge to underscore the significance of including youth voices in shaping the sustainability narrative.



GALESS TILTSHIFT CHALLENGE 2023



The conference concluded with a celebration of the participants' diverse culture and the awarding ceremony.





GALESS TILTSHIFT CHALLENGE 2023

Our research may not have received any recognition but the team did not return empty-handed. The project and experience opened their eyes to the myriad of challenges in energy transition. Hearing the feedback from their peers heightened their commitment to sustainability.

As GALESS continues to grow and inspire change, the Bali Conference is yet another step that brought young people together to apply their skills and knowledge to make energy transition and sustainability happen.

Shared by

Ms Emelly Sol

PIC – GALESS Tiltshift Challenge 2023

Photos courtesy of Mr Ryan Balandra



YEAR 5 MILESTONE PROGRAMME

“AWARENESS OF SELF” - A JOURNEY OF SELF DISCOVERY

Nestled amidst the lush greenery of Camphill Hill Eco Stay in Bogor, an exciting and transformative event took place on September 8-9, 2023 – the "Awareness of Self" (AOS) programme. AOS, a pivotal part of the PIAGET 12-Year Education Journey, was specially crafted to cater to the unique challenges faced by Year 5 students.

The overarching objectives of the Awareness of Self (AOS) programme are:

- 1. Uncovering Strengths and Harnessing Them:** AOS aims to help students identify their strengths and provides guidance on how to make the most of their unique abilities. Empowering students to apply these strengths effectively is key to their growth.
- 2. Transforming Weaknesses into Strengths:** Equally crucial is the objective of recognizing one's weaknesses and working towards turning them into strengths. AOS instills the vital skill of self-regulation, which empowers students to navigate challenges successfully.

During the AOS programme, students were immersed in a series of engaging games and activities that facilitated self-discovery:

- 1. Emotion Recognition:** Understanding and managing emotions is a fundamental life skill. Through AOS, students embarked on a journey to recognize and handle their emotions, laying the foundation for healthy emotional intelligence.
- 2. Exploring Interests and Values:** AOS encouraged students to explore and articulate their interests and values. This self-awareness is invaluable for making informed choices about academic pursuits and life paths.
- 3. Assessing Strengths:** A highlight of the programme was the strengths assessment, which involved self-reflection and peer feedback. This process empowered students with a deeper understanding of their individual strengths.

The AOS programme at Camphill Hill Eco Stay was met with enthusiasm and success, equipping our Year 5 students with essential life skills and fostering a deeper understanding of their own capabilities.

As we look forward to the continued growth and development of our students, we extend our heartfelt appreciation to our dedicated educators and supportive parents for their unwavering commitment to providing a holistic education.

Shared by

Mr Joel Jefferson Pineda

PIC of Y5 Milestone Programme



YEAR 5 MILESTONE PROGRAMME “AWARENESS OF SELF” - A JOURNEY OF SELF DISCOVERY





YEAR 5 MILESTONE PROGRAMME “AWARENESS OF SELF” - A JOURNEY OF SELF DISCOVERY



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YEAR 5 MILESTONE PROGRAMME “AWARENESS OF SELF” - A JOURNEY OF SELF DISCOVERY





NURTURING FUTURE LEADERS: THE NATIONALHIGH PREFECTORIAL BOARD

The NationalHigh Prefectorial Board (NHPB) stands as a shining beacon of leadership excellence, offering a transformative opportunity for students from Year 3 to Year 7. Committed to fostering leadership skills, the NHPB has established a thorough selection process that paves the way for a new generation of leaders.

To join the ranks of the NHPB, students must navigate a comprehensive application and selection process. This process is built upon a well-defined set of criteria that evaluates each candidate's dedication, leadership potential, and commitment to the school's values. These criteria ensure that only the most deserving students are entrusted with the honor and responsibilities of being a prefect.

Once the selection process is complete, the newly chosen prefects embark on yet another crucial journey - the election of their Prefect Head. This democratic process allows the student body to choose a leader who will guide and inspire the prefect team throughout the school year. It's a testament to the NHPB's commitment to instilling democratic principles and fostering leadership at all levels.

One of the highlight activities of the NHPB is the investiture ceremony, a grand event that takes place annually. On September 4, 2023, this significant event unfolded within the hallowed walls of the NH Multi-purpose Hall, bearing witness to the entire student body, teachers, and parents. The investiture ceremony is a symbolic passing of the prefectorial flag, where the outgoing prefects relinquish their roles and responsibilities to the newly invested prefects.

This year, the ceremony took on a unique significance as Ms. Aileen, standing in for Mr. Ang, assumed the role of investing the prefects. The investiture ceremony not only marks a transition in leadership but also underscores the continuity and strength of the NHPB as a whole. It serves as an embodiment of the prefectorial board's values, emphasising its motto – Initiate, Work, Lead. This year, the NHPB is proud to announce that there sixty-six prefects including the newly elected heads. Leading the charge as the Head Prefect is Clifton Mayer Gandha. Assisting him in the role of Deputy Head Prefect 1 is Rachelle Hartono, while Jean Theodora Wennas holds the position of Deputy Head Prefect 2.

The NationalHigh Prefectorial Board, with its rigorous selection process, leadership structure, and investiture ceremony, stands as a testament to the school's commitment to nurturing leadership potential within its student body. The investiture ceremony, witnessed by the entire school community, serves as a powerful symbol of continuity and the passing of responsibilities from one generation of leaders to the next.

Shared by

Mr Leonides Ranchez

PIC of NHJS Prefectorial Board



NURTURING FUTURE LEADERS: THE NATIONALHIGH PREFECTORIAL BOARD



“ ” HIGHLIGHTS

Hello Everyone! Here's some news from the PE Department.

📣 Basketball and Soccer Friendly Games Results 🏆

Dear NH Community Members and Supporters,

We are delighted to announce the results from our recent Friendly Games! The event was a spectacular display of sportsmanship, camaraderie, and competitive spirit, offering a memorable experience for all participants.

Friendly Games Highlights:

Basketball

Date: 1 September 2023

Location: NHJS Basketball Court

Match: NHJS vs BBS KBJ

Result: 40 - 44 (Lost)

Soccer

Date: 19 August 2023

Location: NHJS Soccer Stadium

Match: NHJS vs Tunas Muda School

SMP Boys Result: 4 - 3 (Won)

SMA Boys Result: 3 - 3 (Draw)

Date: 2 September 2023

Location: NHJS Soccer Stadium

Match: NHJS vs Ichthus

SMA Boys Result: 6 - 1 (Won)

Date: 9 September 2023

Location: Sampoerna Academy Soccer Stadium

Match: NHJS vs Sampoerna Academy School (Primary Level)

U8 Result: 5 - 4 (Won)

U10 Result: 6 - 4 (Won)

U12 Result: 7 - 3 (Won)

Congratulations to all the participants for their outstanding efforts and dedication. The talent and sportsmanship displayed made our school and community shine.

“ HIGHLIGHTS

A big thank you to our Coaches, School leaders, parents, volunteers, sponsors, and everyone who played a part in making these Friendly Games a success. Your unwavering commitment is truly appreciated.

To our enthusiastic spectators your support and cheers added excitement and a vibrant atmosphere to the event. We are grateful for your presence.

We hope this event not only entertained but also strengthened our community ties. Let's continue to embrace a healthy and active lifestyle through sports.

Stay tuned for more exciting events in the future as we continue to nurture the spirit of friendship and competition within our school community.

Once more, kudos to all the participants and thank you to everyone who contributed!

Shared by

Mr Riyan Priyanto

Subject Specialist of Physical Education

U8 BHJS VS Sampoerna Academy



U10 BHJS VS Sampoerna Academy



“ HIGHLIGHTS

U12 BHJS vs Sampoerna Academy



SMP&SMA NHJS vs Tunas Muda School



SMA NHJS VS Ichthus



“ HIGHLIGHTS



Global Alliance of Leading Edge Schools for Sustainability (GALESS) Bali, Indonesia 3-9 September 2023



ANNOUNCEMENT

ANBK for Year 8

ANBK for SMP NationalHigh Jakarta School will be on 18-19 September 2023.

SCHEDULE FOR ANBK			
Day - 1 (18 September 2023)		Day - 2 (19 September 2023)	
7.00	Students arrive in school (stay in the classroom)	7.00	Students arrive in school (stay in the classroom)
7.30 - 7.40	Latihan soal (10 menit)	7.30 - 7.40	Latihan soal (10 menit)
7.40 - 9.10	Literasi (90 menit)	7.40 - 9.10	Numerasi (90 menit)
9.10 - 9.40	Survey karakter (30 menit)	9.10 - 9.40	Survey lingkungan (30 menit)
9.50	Class dismissal (front gate)	9.50	Class dismissal (front gate)

Students participating in the exams must come to school in complete school uniform with their school IDs.

Students must bring their water bottle and pens to the exams.

Should you need any clarification, please contact titiksuryani@nh.piagetacademy.org.

Public Holiday: 28 September 2023, Birthday of Prophet Muhammad

The school will closed on 28 September 2023 due to a public holiday to commemorate the birthday of Prophet Muhammad.

“ ACKNOWLEDGEMENTS

 **NATIONALHIGH**
JAKARTA SCHOOL

BRONZE 

CONGRATULATIONS!



Kief Felizio Kurniawan (Y9G)
1 Bronze Medal


INTERNATIONAL COMPETITION ON ROBOTICS AND COMPUTATIONAL THINKING

 **NATIONALHIGH**
JAKARTA SCHOOL

GOLD 

CONGRATULATIONS!



Dylan Suwarno (Y8P)
Gold Prize In Category Voice Stars (Ages 13 - 18)
Unique Musical Character Special Star


Universal Stars Music Competition 2023, Season 3

 **NATIONALHIGH**
JAKARTA SCHOOL

CONGRATULATIONS!



Clifton Mayer Gandha (Y7P)
Winner Double


TENNIS TEEN WTA SERIES JUNIOR TENNIS - 2023

 **NATIONALHIGH**
JAKARTA SCHOOL

CONGRATULATIONS!



Warren Russel Gunawan (Y5E)
Finalist Single
Winner Double


TENNIS TEEN WTA SERIES JUNIOR TENNIS - 2023

“ ACKNOWLEDGEMENTS

NATIONALHIGH
JAKARTA SCHOOL

1ST RUNNER UP 

CONGRATULATIONS!



Jayden Rafael Gunawan (Y7P)
1ST RUNNER UP PCGC
GOLF JUNIOR



PCGC JUNIOR GOLF - 2023

NATIONALHIGH
JAKARTA SCHOOL




CONGRATULATIONS!

SENIOR TEAM

 Clarisse Elaine Huang (Y10E) 1 Gold 6 Silver	 Chelsea Adela Seng (Y10E) 3 Gold 3 Silver	 Marianne Sophie Soegiarto (Y10E) 2 Gold 4 Silver
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JUNIOR TEAM

 Chace Nusantoro Liu (Y8P) 1 Gold 4 Silver	 Ken Ananta Huang (Y8I) 2 Gold 3 Silver	 Mikhail Otto Tandino (Y8I) 2 Gold 3 Silver
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WORLD SCHOLARS CUP - GLOBAL ROUND - 2023



UPCOMING EVENTS

- YEAR 10: ANNUAL SHARING ON SUBJECT COMBINATION AND EDUCATIONAL PATHWAY BEYOND YEAR 10 (FOR PARENTS)
15 SEPTEMBER
- YEAR 6 MILESTONE PROGRAMME (POWER OF MINDSET)
16-18 SEPTEMBER 2023
- **TERM 1 HOLIDAYS**
16-24 SEPTEMBER 2023
- YEAR 8: ANBK (SMP)
18-19 SEPTEMBER 2023
- **START OF TERM 2**
25 SEPTEMBER 2023
- YEAR 1 - 12 PARENT-TEACHER MEETING (ONLINE: 1:30PM - 4:30PM)
25-26 SEPTEMBER 2023
- MID AUTUMN FESTIVAL CELEBRATION
27 SEPTEMBER 2023
- **PROPHET MUHAMMAD'S BIRTHDAY**
28 SEPTEMBER 2023